

#### **MONTHLY PROGRAM CALENDAR**

**Programs** 

After School Program 3pm-6pm (Click here to register)

# Youth Week (6+):

- Balloon Twisting Workshop: 6pm-7pm at Caldwell-Ellam Community Centre (registration required)
- Learn to Garden: 6pm-7pm at Caldwell-Ellam Community Centre (registration required)
- Silent Disco Skating Night: 7pm-8pm at Pete Palangio
- Zumba: 10am-11am upstairs at the Sam Jacks Complex (registration required)

#### Senior Fit 55+

- o 10am-11am at Elmwood Community Hub
- o registration required

Notes

To register, call our Arts, Culture and Recreation Department at 705-474-0400 ext 2329

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Youth Week:  Balloon Twisting  Workshop	After School Program  Youth Week: Learn to Garden	Youth Week: Silent Disco Skating Night
Youth Week: Zumba	05  After School Program	06	07  After School Program	08	09 After School Program	10
11	12 After School Program	Senior Fit 55+	14  After School Program	15	16 After School Program	17
18	19 Victoria Day	Senior Fit 55+	21 After School Program	22	23 After School Program	24
25	26 After School Program	Senior Fit 55+	28 After School Program	29	30 After School Program	31



## **MONTHLY PROGRAM CALENDAR**

Programs

After School Program 3pm-6pm (Click here to register)

PD Day Camp 8:30am-4:30pm (Click here for more information)

Arts & Culture Nights 7pm-9pm (Click here for more information)

<u>Summer Concert Series 7pm-9pm Kiwanis Bandshell</u> (<u>Click here for more information</u>)

### Senior Fit 55+

- 10am-11am at Elmwood Community Hub
- Registration required

Notes

To register, call our Arts, Culture and Recreation Department at 705-474-0400 ext 2329

Sun	Mon	Tue	Wed	Thu	Fri	Sat
01	O2  After School Program	03 Senior Fit 55+	04 After School Program	05	O6  After School Program	07
08	PD DAY Camp	Senior Fit 55+	11 After School Program	12	13 After School Program	14
15	16 After School Program	Senior Fit 55+	18 After School Program Summer Concert Series	19	20 After School Program	21
22	23 After School Program	Senior Fit 55+  Arts & Culture Nights	25 After School Program Summer Concert Series	26	27	28
29	30					





#### **MONTHLY PROGRAM CALENDAR**

Programs

Summer Youth Centre 10am-6pm (Click here to register)

Arts & Culture Nights 7pm-9pm (Click here for more information)

Summer Concert Series 7pm-9pm at the Kiwanis Bandshell (Click here for more information)

# Low Impact Zumba

- 10am-11am at Kiwanis Bandshell
- Drop in

# Family Zumba (4+)

- 10am-11am at Kiwanis Bandshell
- Drop in

# **Stroller Fit**

- 9:15am-10am at the Rotary Shelter
- For moms of all fitness levels
- Drop in
- Bring a yoga mat

Notes

Lifeguards will be on duty from 12pm - 7pm, seven (7) days a week at the following locations:

- Shabogesic Beach Memorial Drive
- Olmsted Beach Lakeside Drive
- The Cove Lakeside Drive

	ı	I				
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		01	02 Summer Youth Centre	03 Summer Youth Centre	04	05
		Canada Day	Family Zumba (4+)	Stroller Fit	Summer Youth Centre	
			Summer Concert Series			
06	07	08	09	10	11	12
	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	
		Low Impact Zumba	Family Zumba (4+)	Stroller Fit		
		Arts & Culture Nights	Summer Concert Series			
13	14	15	16	17	18	19
	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	
		Low Impact Zumba	Family Zumba (4+)	Stroller Fit		
		Arts & Culture Nights	Summer Concert Series			
20	21	22	23	24	25	26
	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	
		Low Impact Zumba		Stroller Fit		
		Arts & Culture Nights	Summer Concert Series			
27	28	29	30	31		
	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre	Summer Youth Centre		
		Low Impact Zumba	Family Zumba (4+)	Stroller Fit		
		Arts & Culture Nights	Summer Concert Series			



AUGUST

2025

#### **MONTHLY PROGRAM CALENDAR**

#### Programs

Summer Youth Centre 10am-6pm (Click here to register)

Arts & Culture Nights 7pm-9pm (Click for more information)

<u>Summer Concert Series 7pm-9pm at the Kiwanis</u>
<u>Bandshell (Click here for more information)</u>

# <u>Low Impact Zumba</u>

- o 10am-11am at Kiwanis Bandshell
- Drop in

# Family Zumba (4+)

- o 10am-11am at Kiwanis Bandshell
- Drop in

# **Stroller Fit**

- 9:15am-10am at the Rotary Shelter
- o For moms of all fitness levels
- Drop in
- Bring a yoga mat

#### Notes

Lifeguards will be on duty from 12pm - 7pm, seven (7) days a week at the following locations:

- Shabogesic Beach Memorial Drive
- Olmsted Beach Lakeside Drive
- The Cove Lakeside Drive

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					O1 Summer Youth Centre  Hot Summer Night Music Festival Kiwanis Bandshell 7-9pm	Hot Summer Night Music Festival Kiwanis Bandshell 2-9:30pm
03	04	05	06	07	08	09
Movie in the Park Kiwanis Bandshell 8:30pm	Civic Holiday	Summer Youth Centre  Low Impact Zumba  Arts & Culture Nights	Summer Youth Centre  Family Zumba (4+)  Summer Concert Series	Summer Youth Centre  Stroller Fit	Summer Youth Centre	
10	11	12	13	14	15	16
	Summer Youth Centre	Summer Youth Centre  Low Impact Zumba  Arts & Culture Nights	Summer Youth Centre  Family Zumba (4+)  Summer Concert Series	Summer Youth Centre  Stroller Fit	Summer Youth Centre	
17	18	19	20	21	22	23
	Summer Youth Centre	Summer Youth Centre  Low Impact Zumba  Arts & Culture Nights	Summer Youth Centre  Family Zumba (4+)  Summer Concert Series	Summer Youth Centre  Stroller Fit	Summer Youth Centre	
24	Summer Youth Centre	26 Summer Youth Centre Low Impact Zumba Arts & Culture Nights	27 Summer Youth Centre Family Zumba (4+) Summer Concert Series	28 Summer Youth Centre Stroller Fit	29 Summer Youth Centre	Movie in the Park Omischl Sports Complex 8:30pm

