

INFORMAL DAYTIME SHELTER

NORTH BAY PUBLIC LIBRARY

MON-THURS: 10AM - 9 PM, FRI: 10 AM - 6 PM,
SAT 10 AM - 4 PM
(705-474-4830) 271 WORTHINGTON ST. E.

NORTHGATE SQUARE

MON - FRI: 10AM 8 PM, SAT: 10 AM - 6 PM,
SUN: 11 AM - 5 PM.
(705-472-8110) 1500 FISHER ST.

SHELTER

NIPISSING COLD WEATHER PROGRAMMING (WINTER ONLY) NORTHERN PINES

7 DAYS A WEEK 8 P.M. TO 8 A.M
(705-316-1052) 590 CHIPPEWA ST. W
CHECK FOR A BED IN PERSON OR BY PHONING. IF
BEDS ARE FULL, SOME SUPPORTS ARE STILL
AVAILABLE..

FOUR ELMS SHELTER

24 HOURS, 7 DAYS A WEEK
(705-474-1031) 1675 CASSELLS ST.

HOPE AWAITS MINISTRIES MEN'S SHELTER

7 DAYS A WEEK (INTAKE: 5:30 - 6 PM)
(705-494-5465) 390 FIRST AVE. E.

EMERGENCY/OUTREACH NUMBERS

MOBILE CRISIS UNIT, NORTH BAY POLICE

MONDAY - FRIDAY 8:00 AM TO 4 PM
(705-472-1234)

24 HOUR CRISIS INTERVENTION

(1-800-352-1141)

TRUE SELF - PEER OUTREACH SUPPORT TEAM

OUTREACH WORKERS ARE AVAILABLE
MONDAY TO FRIDAY, 8AM TO 8 PM
SATURDAY AND SUNDAY, 9 AM TO 5 PM;
AFTER HOURS, MESSAGES WITH DETAILS CAN
BE LEFT AT THE OFFICE.
(C) 705-498-9482 - OFFICE: 705-474-4058.

TRACY'S HEART AND HANDS

24 HOUR OUTREACH PROGRAM
clement.tracy7@gmail.com
(705-358-0735)



Compassionate Committee
for the Homeless in North Bay

**HELPING ONE PERSON
MIGHT NOT CHANGE
THE WORLD BUT IT
COULD CHANGE THE
WORLD FOR ONE
PERSON**

**QUICK
REFERENCE
GUIDE OF
RESOURCES
FOR THE
HOMELESS IN
NORTH BAY**

FOOD BANKS AND CUPBOARDS

(TIMES & DATES SUBJECT TO CHANGE - PHONE LOCATIONS TO CONFIRM)

NORTH BAY FOOD BANK

MON & TUES: 9 AM - 12 PM

WED & THURS: 3 - 6 PM

FRIDAY: 10 AM - 3 PM by appointment (Call ahead the week you wish an appointment)

One visit per month. Need physical, valid ID for each family member, (705 495-3290) 1016 FISHER ST.

TRINITY UNITED CHURCH

MONDAYS 9:30 - 11 AM

(closed on holidays)

Two visits per month

(705-474-3310) 111 MCINTYRE ST. E.

TRINITY UNITED CHURCH - INFANT FOOD BANK

WEDNESDAYS 10 AM - 12 PM

One visit per month.

For infants under 12 months. ID Required for caregiver and child

ST. PETER THE APOSTLE FOOD BANK

CALL MONDAY BETWEEN 1-2PM (NO MESSAGES)

PICK-UP TUESDAY 10 - 10:30 AM

One visit per month

Need ID & proof of address (must live north of bypass, within Parish boundaries)
(705-472-1817) 299 AIRPORT RD.

REDEEMER LUTHERAN CHURCH

First come first serve (Limited food)

TUESDAYS 9:30 AM

(705- 472-9169) 725 FERGUSON ST.

CATHOLIC CHARITIES - PRO-CATHEDRAL

TUESDAYS 9 - 11:30 AM

(705-472-3970) 480 MCINTYRE ST. W.

SALVATION ARMY

TUESDAY & THURSDAY 9 AM - 2 PM

CALL FOR APPOINTMENT

Need ID, rent receipt, proof of income

(705-474-7859) 743 MAIN ST. W.

ST. JOHN'S ANGLICAN CHURCH

WEDNESDAYS 9:30 - 10:30 AM (CLIENTS CAN ACCESS WEEKLY) (705-472-6070) 301 MAIN ST. E.

FOOD BANKS AND CUPBOARDS

(TIMES & DATES SUBJECT TO CHANGE - PHONE LOCATIONS TO CONFIRM)

ST. ANDREW'S UNITED CHURCH LOAVES & FISHES COMMUNITY FOOD BANK

THURSDAYS 8:30-10 AM - CLIENTS ON OW,

ODSP AND SENIORS

8:30 -10:30 AM

CLIENTS CAN ACCESS EVERY 2 WEEKS,

STUDENTS ONCE A MONTH (705-472-7680) 399

CASSELLS ST.

ST. BRICE'S ANGLICAN CHURCH

THURSDAYS 9 - 11 AM (CLIENTS CAN ACCESS

WEEKLY)

(705-474-4005) 1225 CASSELLS ST.

CALLANDER & AREA FOOD BANK

MONDAYS & TUESDAYS 9 AM - 12 PM

Service area: Callander and East Ferris

First visit only: ID for each family member, proof of address, proof of income

(705-752-0777) 78 LANDSDOWNE ST.

EMMANUEL UNITED CHURCH, WEST FERRIS

1ST & 3RD THURSDAY 1-2 PM

(705-472-1806) 395 LAKESHORE DR.

Need ID & proof of address (must live on the Lakeshore side of the overpass).

NIPISSING UNIVERSITY STUDENT UNION FOOD BANK

MON - FRI: 9 AM TO 4 PM (EXCEPT HOLIDAYS)

MUST BE A NIPISSING STUDENT

NUSU STUDENT CENTRE - 221 COLLEGE DR.

705-474-3450 EXT: 4801

CANADORE COLLEGE FOOD BANK

THE WELCOME CENTRE (G223), 100 COLLEGE DRIVE

MON - FRI - 8:30 AM - 4 PM (EXCEPT HOLIDAYS),

BY APPOINTMENT MUST BE A CANADORE

STUDENT - 3 VISITS PER SEMESTER

705-474-7600 EXT: 5309

MEALS

THE GATHERING PLACE

MON - FRI: 11:30 AM - 1:30 PM

(705-474-7687) 1181 CASSELLS ST.

ST. JOHN THE DIVINE CHURCH

OPEN ARMS CAFE - DROP-IN MEAL

WEDNESDAYS 4 - 6 PM

(705-472-6070) 301 MAIN ST. E.

HOLY NAME CHURCH - OPERATION MERCY

RELIEF STREET MINISTRY

EVERY SATURDAY 10 AM - 12 PM

CORNER OF SHERBROOKE & MAIN ST.

705-495-1501

CLOTHING

HOPE AWAITS MINISTRIES MEN'S SHELTER

(MEN'S CLOTHING ONLY)

10 PM TO MIDNIGHT DAILY.

(705-494-5465) 390 FIRST AVE. E.

CATHOLIC CHARITIES - PRO-CATHEDRAL

WEDNESDAYS 1:30 - 3 PM

(705-472-3970) 480 MCINTYRE ST. W.

OPERATION MERCY RELIEF STREET MINISTRY

CORNER OF SHERBROOKE & MAIN STREET

10 AM - 12 PM 705-495-1501

TRUE SELF CLOTHING DROP-INS

MONDAY & WEDNESDAY 1 - 4 PM

SNACKS PROVIDED AND A PLACE TO WARM UP
239 MAIN ST. EAST (2ND FLOOR) (705-474-4058)

nfn.ca/true-self

DROP-IN CENTRES

(TIMES & DATES SUBJECT TO CHANGE -
PHONE LOCATIONS TO CONFIRM)

CMHA PEER CONNECTIONS

MON - FRI: 8 AM - 4 PM

(705-476-4088) 194 MAIN ST. W. (USE FRASER ST. ENTRANCE)

AIDS COMMITTEE OF NORTH BAY

MON TO THURS: 8:30 AM TO 12 PM AND 1 - 4 PM

FRI.: 8:30 AM TO 12 PM AND 1 - 3:30 PM

(705-497-3560) 147 MCINTYRE ST. W. SUITE 102