WFCU Place Events

2026 November

1099 Lakeshore Drive, North Bay

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 VON Excercise Class 1:30pm-2:30pm **City of North Bay** Euchre for Everyone 7:00pm-8:00pm	3 Tai Chi 10am-11:30am **City of North Bay** Walking Track 50+ 11:30am-12:30am	4	5 VON Chair Aerobics 1:30pm-2:30pm	6	7
8	9 VON Excercise Class 1:30pm-2:30pm **City of North Bay** Euchre for Everyone 7:00pm-8:00pm	10 Tai Chi 10am-11:30am **City of North Bay** Walking Track 50+ 11:30am-12:30am	11 WFCU Place Closed	12 **City of North Bay** Speaker Series: Let's Get Ready for Christmas with the North Bay Choral Society 10:30am-11:30am VON Chair Aerobics 1:30pm-2:30pm	13 Tai Chi 10am-11:30am VON Excercise Class 1:00pm-2:00pm	14
15	16 VON Excercise Class 1:30pm-2:30pm **City of North Bay** Euchre for Everyone 7:00pm-8:00pm	17 Tai Chi 10am-11:30am **City of North Bay** Walking Track 50+ 11:30am-12:30am	18	19 **City of North Bay** Speaker Series: The Art of the Pause – A Crystal Singing Bowl Sound Bath 10:30am-11:30am VON Chair Aerobics 1:30pm-2:30pm	20 Tai Chi 10am-11:30am VON Excercise Class 1:00pm-2:00pm	21
22	23 VON Excercise Class 1:30pm-2:30pm **City of North Bay** Euchre for Everyone 7:00pm-8:00pm	24 Tai Chi 10am-11:30am **City of North Bay** Walking Track 50+ 11:30am-12:30am	25	26 VON Chair Aerobics 1:30pm-2:30pm	27 Tai Chi 10am-11:30am VON Excercise Class 1:00pm-2:00pm	28
29	30 VON Excercise Class 1:30pm-2:30pm **City of North Bay** Euchre for Everyone 7:00pm-8:00pm					

Contacts:

Fung Loy Kok Institute of Taoism
1-888-824-2441

VON/Canadore The Village
info.village@canadorecollege.ca

City of North Bay Programs may require registration. Please contact the Arts, Culture & Recreation department at 705-474-0400 ext. 2329 for more information or by email fieldsandparks@northbay.ca

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